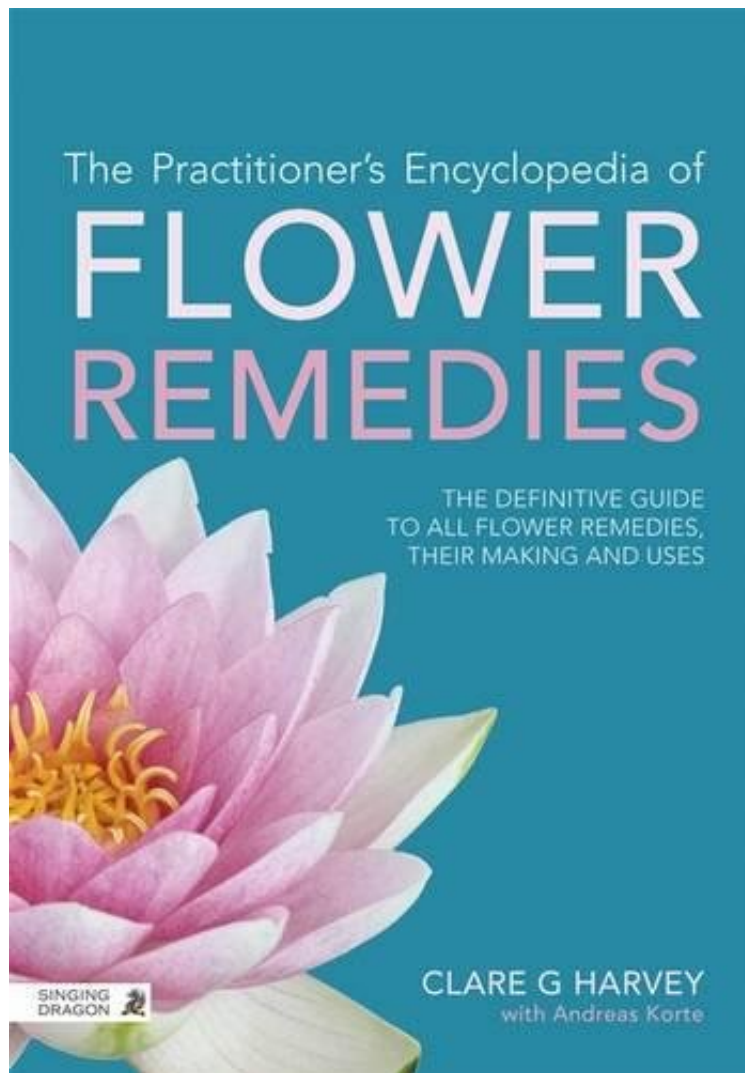


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The Practitioner's Encyclopedia of Flower Remedies: The Definitive Guide to All Flower Essences, their Making and Uses

Clare G. Harvey

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Clare G. Harvey : The Practitioner's Encyclopedia of Flower Remedies: The Definitive Guide to All Flower Essences, their Making and Uses before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Practitioner's Encyclopedia of Flower Remedies: The Definitive Guide to All Flower Essences, their Making and Uses:

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3 of 3 people found the following review helpful. A very comprehensive guide to flower remedies!
By Teri A The Practitioner's Encyclopedia of Flower Remedies is an incredibly comprehensive guide to flower remedies - from the 12 different personalities to diagnosis, making your own remedy blends to administering them, and so much more. There is a complete description of each flower remedy and also a description of properties of different crystals and gems! A valuable book for practitioner's and the interested layperson.

This comprehensive encyclopedia brings together flower essences gathered from all corners of the globe, from Hawaii and the Himalayas to America and the Australian Bush. It explains what flower remedies are, how they work and how to choose the right remedies for your clients' needs. The properties of 33 families of flower essences and the benefits of over 2,000 remedies, combinations, mists and creams are described. An easy-to-use ailment chart pinpoints remedies for a wide range of physical and psychological conditions, from stress to hormonal imbalance and from allergy to depression. The author provides instructions for prescribing, preparing and using flower remedies alongside illustrative patient case studies. This will be the definitive handbook for practitioners, therapists and students of complementary and alternative therapies working with flower essences and will be valuable reading for those wanting to learn more about how they can use flower essences in their practice.

If life is a journey of learning, then flower essences are simple aids to help us effortlessly on the journey of learning about ourselves. This encyclopedia is an excellent and thorough text on the whole subject of using flower essences, the why, the how, the what and the when. Packed with useful tips and original insights (such as the concept of long, slow, shock), every practitioner, user and explorer of essence work will find help in abundance. * Dr Andrew Tresidder, Somerset GP and Educator, Life President of British Flower and Vibrational Essence Association * (...) beautifully presented and serious reference book... The information is arranged clearly and reads fluently... Clare's heritage, her experience and her beliefs and values shine through every page of the enlightened read... The information will give any therapist the confidence to stretch their boundaries and broaden their experience with essences... Is this a book you should own? - Yes. Should it be on your book shelf? No - it should be on your desk or anywhere you can pick it up in a spare moment and find some gem of information and further understanding! * Positive Health PH Online * This updated and revised edition of Clare G Harvey's The Practitioner's Encyclopedia of Flower Remedies has to be one of the most thoroughly and painstakingly researched books on flower remedies published. Covering all the essential information on what flower remedies are, their benefits, history and development, Harvey gives clear instructions on how best to use individual remedies and combinations for a wide range of conditions. The comprehensive section covering all the many different flower remedies currently available is a valuable resource for both complementary therapists and interested individuals. An important book. * Gill Farrer-Halls, aromatherapist, Principal Teacher and Examiner with the International Federation of Aromatherapists, author of The Spirit in Aromatherapy, The Aromatherapy Bible and several other books * Clare Harvey has written the definitive text for practitioners and students of flower essences. A beautifully illustrated journey through the theory and application of flower remedies. Quite simply the most comprehensive and well-written book on the subject. * Steve Flood, All About Natural Medicine * Flower essences came into my life more than forty years ago, and are for me an essential provider of emotional, mental, and physical balance. Clare G. Harvey has put a lifetime of study and personal experience into this wonderful book, which has arrived at a time when it is so needed. It's a rare combination of perfect research tool and a thing of beauty which will inspire any who wish to explore subtle healing. We now have the map; the journey is up to us. * Martin Shaw, Actor and Lifetime President of the British Flower Vibrational Essences Association * If life is a journey of learning, then flower essences are simple aids to help us effortlessly on the journey of learning about ourselves. This encyclopedia is an excellent and thorough text on the whole subject of using flower essences, the why, the how, the what and the when. Packed with useful tips and original insights (such as the concept of long, slow, shock), every practitioner, user and explorer of essence work will find help in abundance. (Dr Andrew Tresidder, Somerset GP and Educator, Life President of British Flower and Vibrational Essence Association)(...) beautifully presented and serious reference book... The information is arranged clearly and reads fluently... Clare's heritage, her experience and her beliefs and values shine through every page of the enlightened read... The information will give any therapist the confidence to stretch their boundaries and broaden their experience with essences... Is this a book you should own? - Yes. Should it be on your book shelf? No - it should be on your desk or anywhere you can pick it up in a spare moment and find some gem of information and further understanding! (Positive Health PH Online) This updated and revised edition of Clare G Harvey's The Practitioner's Encyclopedia of Flower Remedies has to be one of the most thoroughly and painstakingly researched books on flower remedies published. Covering all the essential information on what flower remedies are, their benefits, history and development, Harvey gives clear instructions on how best to use individual remedies and combinations for a wide range of conditions. The comprehensive section covering all the many different flower remedies currently available is a valuable resource for both complementary

therapists and interested individuals. An important book. (Gill Farrer-Halls, aromatherapist, Principal Teacher and Examiner with the International Federation of Aromatherapists, author of *The Spirit in Aromatherapy*, *The Aromatherapy Bible* and several other books) Clare Harvey has written the definitive text for practitioners and students of flower essences. A beautifully illustrated journey through the theory and application of flower remedies. Quite simply the most comprehensive and well-written book on the subject. (Steve Flood, *All About Natural Medicine*) Flower essences came into my life more than forty years ago, and are for me an essential provider of emotional, mental, and physical balance. Clare G. Harvey has put a lifetime of study and personal experience into this wonderful book, which has arrived at a time when it is so needed. It's a rare combination of perfect research tool and a thing of beauty which will inspire any who wish to explore subtle healing. We now have the map; the journey is up to us. (Martin Shaw, Actor and Lifetime President of the British Flower Vibrational Essences Association) About the Author Clare G. Harvey is an internationally recognised authority on flower essences. She was originally trained by her grandmother, who was taught by Dr Edward Bach and Nora Weeks. Clare has been a Flower Essence Consultant since the 1990's, first at The Hale Clinic, London, and now in her own clinic at 103-105 Harley Street. A teacher and lecturer, Clare started the first International Flower Essence School for Practitioners, The International Federation for Vibrational Medicine, in 1988 which runs introductory and professional training courses. She is the founder of Floweressence CGH, which has been instrumental in establishing flower essences in the practitioner and retail market and is one of the major UK distributors of flower essences. Clare is also on the London Nutricentre's advisory board as their flower essence expert.