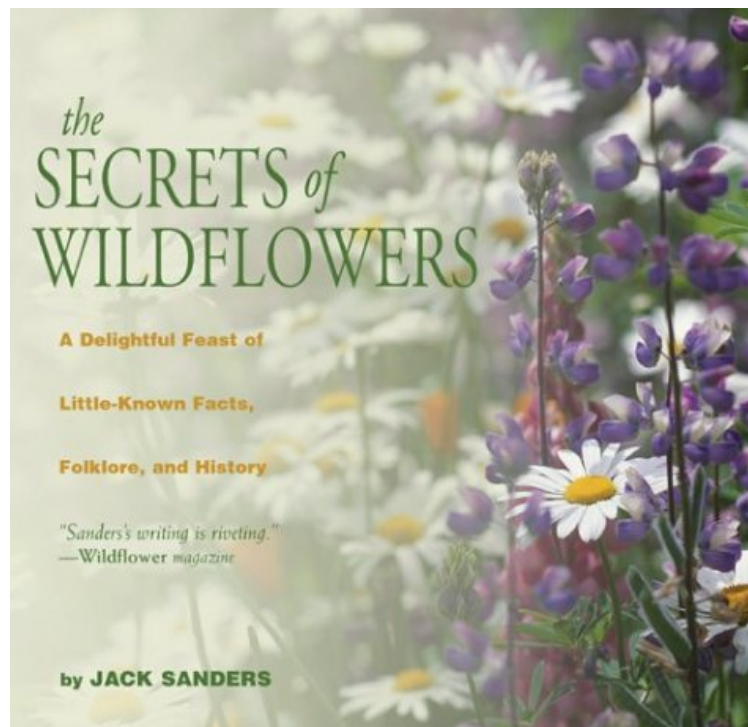


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The Secrets of Wildflowers: A Delightful Feast of Little-Known Facts, Folklore, and History

Jack Sanders

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Jack Sanders : The Secrets of Wildflowers: A Delightful Feast of Little-Known Facts, Folklore, and History before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Secrets of Wildflowers: A Delightful Feast of Little-Known Facts, Folklore, and History:

0 of 0 people found the following review helpful. A delightful feast indeed. By Sheila Ary I love this book, and the author obviously loves the wildflowers he writes about. In case a flower should be unfamiliar to you each one is illustrated by a photograph taken by the author. He has chosen to include flowers which were not originally native to North America, because they have spread and become familiar in this country. The book is divided into three sections according to seasons of flowering, and in each section they are arranged by blooming season. The best thing about this book is the amazing amount and variety of information that the author has gathered about each plant, explanations of the origins of Latin names, folk uses and names, information about related plants, historic references and much more. If you have even the slightest interest in the wildflowers that are all around us, if we only look, then you need this book. 2 of 2 people found the following review helpful. Fascinating book... By C. S. Stanley wonderful bits of information in it. Like the connection between bumblebees and the trout lily. Who knew?! My only frustration is the size of the print....very small. But that won't stop me from reading the rest of it. 18 of 18 people found the following review helpful. Little Gem of a Book By Deanna Weber Prine This is simply a wonderful addition to any library. I was looking

for a native wildflower handbook with a little extra, but this surpassed my expectations. You don't need to be a botanist or a naturalist to enjoy this offering. It has tidbits of fascinating information about native U.S. wildflowers, from its history to medicinal uses to mythological lore. The layout is nice and there are many additional artistic touches here and there to make it a pleasure to read. I guarantee you'll never look at a wildflower the same way after reading this little gem.

Jack Sanders's colorful tribute to wildflowers is bursting with odd facts, ingenious uses, and bizarre superstition about some of North America's most beautiful and common plants. There are more than 10,000 varieties of wildflowers in North America, some rare, some so plentiful that they are designated as invasive weeds. Each has a unique story. There's Bouncing Bet, a perennial common along the roads and railroad tracks of America. Like many of our most abundant summer wildflowers, Bet was brought over to fill colonial gardens. It's a beautiful plant, but also a useful one. Open up the stalk and its sap makes a fine soap. Colonial beer makers used to put a dab in to help the head on a brew. Doctors used it to wash wounds. Generally considered a weed, it's everywhere. Or Coltsfoot, which pops up almost alone in winters, and was used in New England as a cure for coughs, the leaves boiled down in water. Asthmatics, Sanders tells us, used to smoke it for relief. For many years, apothecaries in France used Coltsfoot as its symbol, a surprising pedigree for a neglected "weed." More a companion than a field guide, **THE SECRETS OF WILDFLOWERS** is a must-have for anyone who enjoys a walk in a meadow or a gaze outside.