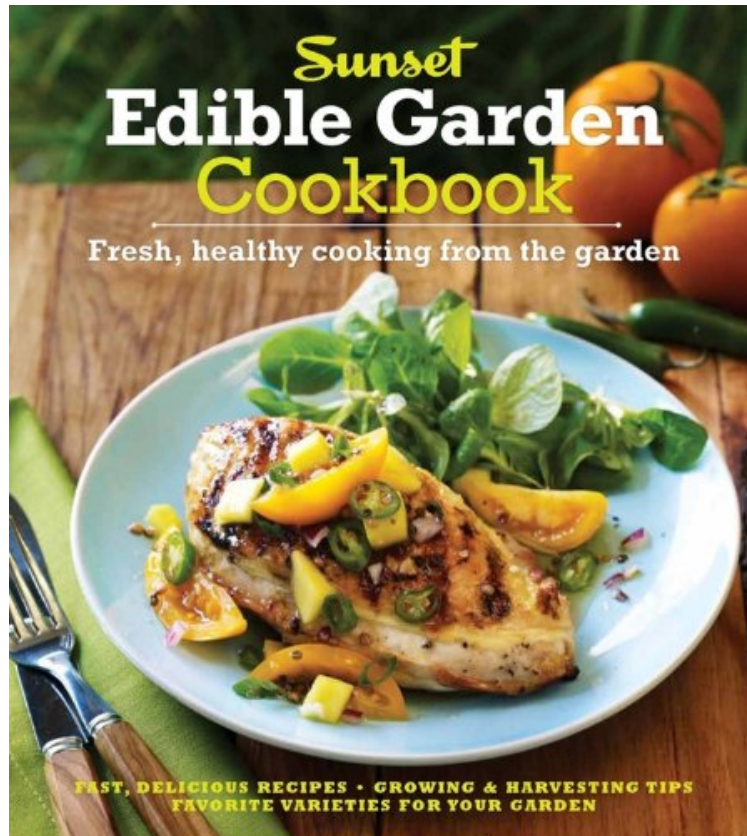


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## The Sunset Edible Garden Cookbook: Fresh, Healthy Cooking from the Garden

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**Editors of Sunset Magazine : The Sunset Edible Garden Cookbook: Fresh, Healthy Cooking from the Garden** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Sunset Edible Garden Cookbook: Fresh, Healthy Cooking from the Garden:

2 of 2 people found the following review helpful. Fun growing tips, great recipesBy JayCWe've enjoyed this book a lot this spring and summer.The fun starts when planting, as they describe their favorite varieties (and why). Ever seen a picture of a trombetta squash, 30-inch vegetables hanging from an 8-foot trellis that the plant has taken over? Go find one, then plant some seeds. Easy to grow, beautiful, delicious. And I'd never heard of them before. There are some other fun suggestions in here, but I'll leave those to you to find.As your garden starts to mature, you'll appreciate the tips on when to harvest and how to store. And, more importantly, that the recipes are organized by ingredient, so you can easily pick what to cook based on what's ripe. There are a number of recipes for each ingredient, so you won't get bored of eating the same thing over and over again, even if you end up planting way too much like we did.The pictures are impressive too - this is a cookbook you can leave on your counter, not one you have to hide.Overall, very happy with this purchase.Note: At least some of this material is available on Sunset's web site. But the organization of

their web site is horrible. Much better to have this in the kitchen. 1 of 1 people found the following review helpful. Just plain California goodness By Phyllis Schmidt Love the recipes. So many fresh ideas. Have put paper clips on many pages to return to easily 1 of 1 people found the following review helpful. Organic and Growing By 4xsaGrandma I love to grow my own vegetables. This is a great resource for using what I grow and trying something new.

With the movement toward healthier and "greener" living, it's no wonder that eating and growing fresh produce has gained such popularity. While the West Coast may have started the edible garden craze, the rest of the nation is quickly catching on to this delicious and nutritionally beneficial trend that allows for the joy of growing fresh edibles. Here to help gardeners enjoy a healthier lifestyle is *Sunset Edible Garden Cookbook* with detailed gardening advice and over 150 recipes using luscious homegrown fruits and vegetables. This cookbook combines *Sunset's* fast recipes with practical gardening tips that will garner beautiful, delicious produce year after year from coast-to-coast. *Sunset* has inspired millions of readers to partake in food that is not only great tasting but also intrinsically healthy. Thus, with this amazing follow-up to the *Western Garden Book of Edibles*, *Sunset* shows step by step how to cultivate a garden, celebrate the season's bounty, and enjoy healthy recipes using garden-fresh produce at the dinner table. The *Edible Garden Cookbook* features include: Beautiful, full-color photographs to accompany each recipe Over 180 recipes using the most popular backyard produce, from tomatoes to corn to zucchini to lettuces Harvesting and storing tips help identify the right way to pick and preserve freshness Nutritional data comes with every recipe and is given for each crop, too

About the Author *Sunset* magazine is the indispensable guide to living in the West, keeping fresh and staying on target with its 4.5 million readers for more than a century.