

[Free and download] The Vaccine Book: Making the Right Decision for Your Child [VACCINE BK]

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Robert(Author) Sears

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Robert(Author) Sears : The Vaccine Book: Making the Right Decision for Your Child [VACCINE BK] before purchasing it in order to gage whether or not it would be worth my time, and all praised The Vaccine Book: Making the Right Decision for Your Child [VACCINE BK]:

5 of 5 people found the following review helpful. Read this as part of your researchBy Rachel D.This book does a really nice job presenting each disease that the vaccines are meant to cover. Dr. Sears does a thorough job presenting the contents of the various vaccines and the issues involved with clustering shots and using cocktails. He does present a lot of facts about each shot and the risks vs. the pros of vaccinating. I would give a word of caution though. When he shares the study on MMR that originally gave rise to the debate, he does not disclose that this study was based on 12 patients and the researching doctor later lost his license for his misuse/misrepresentation of the results. Although the results I think are still interesting and thought provoking, check out a few websites that give a cautionary tale to the MMR/autism debate: check out Paul Offit and Autisms False Prophets to get the other side of the story. Also I do recommend reading what the CDC has to say about their vaccination schedule on immunize.org and Healthychildren.org. It is helpful to go into your doctor's office with some well-informed questions on the issue. Basically the book raises a few issues: weighing the strengths/weaknesses of each vaccination, ranking the diseases and vaccinations that he feels are a must vs. the ones that might be optional, giving factors that affect your child's risk for developing these diseases, discussing the dangers of combining vaccinations, and touching on the issues in the MMR debate. I will say this, I don't think his presentation of the MMR issue is thorough enough. You need to do a lot

more research on this topic. One great feature of the book is his recommended alternative vaccination schedule based on limiting a child's exposure to preservatives such as aluminum and mercury in each schedule, limiting the number of live vaccines a child has to process per vaccination visit, and making a determination of how soon your child should receive each vaccination based on their exposure risk (ie. whether or not they are in day care, are being breast-fed etc...). I would say this also as a caution, be sure to have a discussion with your doctor before you decide to delay or opt out of a vaccine. For example, I raised some questions with my doctor recently about the MMR and my concerns of the shot now being only offered as a cocktail rather than individual vaccines (an issue I have the the pharmaceutical companies). Her comment was that while the measles for example or the chicken pox is not deadly for children, it can develop secondary issues that can be deadly. Her comment was that the bigger growing problem recently with diseases such as these is that children because they have open wounds get staff infections (which are highly resistant to antibiotics) which endanger the child more than the primary disease. So there is more to consider than the author addresses. It is a good starting point for just understanding the basics of the childhood diseases that the CDC's vaccine schedule addresses. 4 of 4 people found the following review helpful. I Can Breathe A Sigh of Relief By Lindsey I put off buying this book for quite some time. I knew there was so much free information on the internet, I thought I could just read that information to make an informed decision about my children's vaccinations. The more I read in the internet, the more confused I became. It got harder and harder to understand and make the choice for my children. I ordered the book and wish I had done it sooner! It presents the information in a concise, but well explained manner. I feel so relieved and so much more informed after reading this book. It has taken away the burden of not knowing what could happen if I vaccinate or if I don't vaccinate. The purpose of this book is not for you to do it Dr. Sears' way, but for you to decide the way for your own children. He does offer his way, but leaves you feeling confident to choose your own path. 0 of 0 people found the following review helpful. Finally a parent can get accurate information. By Alex Lincoln Dr. Robert Sears is an MD (in pediatric practice for over 10 years), the son of Martha Sears, RN, and the famous William Sears, MD (both in pediatric practice for over 30 years and the parents of 8 children, including Dr. Bob). He is not a radical guy. He is pro-vaccine, for the most part. He wrote this book because vaccine questions are the number one kind of question he gets from parents in his pediatric practice, and there are two kinds of information out there: biased/scary stuff from the medical/pharma industry, and biased/scary stuff from anti-vaxers.